

The Cybersecurity Readiness Podcast Series

Episode Title	Dealing with Cyber Trauma
Podcast Series	The Cybersecurity Readiness Podcast Series https://www.dchatte.com/podcast/ https://the-cybersecurity-readi.captivate.fm/
Host and Producer	Dave Chatterjee, Ph.D. https://dchatte.com
Guest	Patrick Wheeler , a Luxembourg-based cybersecurity practitioner and Director of the Cyber Wayfinder program
Summary Pitch	The phenomenon of cyber trauma is very real and individuals and organizations are often not adequately prepared to deal with it. Patrick Wheeler , a Luxembourg-based cybersecurity practitioner and Director of the Cyber Wayfinder program, shares his experience in dealing with cyber trauma incidents. He also talks about the Cyber Wayfinder program that is designed to help people with diverse life experiences and skillsets pivot to cybersecurity careers. Patrick passionately argues for removing the artificial barriers to attract a diverse cybersecurity talent pool. To quote him, "why is it that everyone says you have to be a STEM graduate to work in cybersecurity, some of my best colleagues and peers do not have a STEM degree. One of the best cryptographers I know has a degree in international business."
Time Stamps	01:34 Please introduce Cyber Trauma to the listeners. 11:20

	<p>What are some resources to get the appropriate training to deal with cyber trauma? Do you have any suggestions for the listeners?</p> <p>18:50</p> <p>Patrick, speak to the importance of developing appropriate soft skills as part of cybersecurity training.</p> <p>35:17</p> <p>Please wrap it up for us.</p>
<p>Memorable Patrick Wheeler Quotes/Statements</p>	<p>And when our corporation suffers a critical cyber incident, that actually does have a psychological impact, not just on the cybersecurity practitioners, but actually on the staff themselves.</p> <p>We tend to quickly brush under the rug this type of cybersecurity traumatic incident, we focus on it as an IT problem, even though we all argue that cybersecurity is a business problem.</p> <p>And one of the things that I've worked very hard on is to surround the cyber team with a fair amount of soft skills.</p> <p>Why is it that everyone says you have to be a STEM graduate to work in cybersecurity, some of my best colleagues and peers do not have a STEM degree. One of the best cryptographers I know has a degree in international business.</p> <p>It's often easier for me to train one of my business people on how to do cybersecurity than it is to train a cybersecurity professional on how my business works.</p>